

EXHORTATIONS [appeals, urgings, or encouragements]**Philippians 4:2-9****Topics**

Believers, Example, Gentleness, God, Jesus Christ, Joy, Partnerships, Peace, Prayer, Thankfulness, Thinking, Value

Open It Questions

A. How do you tend to respond when things do not go your way?

B. What does it take to live at peace with difficult family members or colleagues?

Introduction

In Philippians [4:1](#), Paul had urged the Philippian believers to “stay true to the Lord.” In order to stay true against false teaching, divisiveness, and persecution, the believers needed to develop certain attitudes in their lives.

Background Scripture

¹Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

²I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord.

³Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.

⁴Rejoice in the Lord always. I will say it again: Rejoice!

⁵ Let your gentleness be evident to all. The Lord is near.

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

⁹ Whatever you have learned or received or heard from me or seen in me—put it into practice. And the God of peace will be with you.

(Philippians 4:1-9 KJV)

Explore It Questions

1. How did Paul feel toward the Philippian congregation? (4:1)

2. What did Paul exhort the Philippian believers to do? (4:1)

3. Why did Paul plead with Euodia and Syntyche? (4:2)

4. How had Euodia and Syntyche helped Paul in the past? (4:3)

5. What was Paul's relationship with Clement? (4:3)

6. How could Paul count on his "loyal yokefellow"? (4:3)

7. What did Paul encourage his readers to do? (4:4)

8. How did Paul tell the Philippian Christians to treat others? (4:5)

9. How should an awareness of Christ's imminent return affect a person's attitude? (4:5-7)

10. What did Paul say about anxiety? (4:6-7)

11. What were the Philippians to do instead of worrying? (4:6-7)

12. How can a believer enjoy the peace of God? (4:6-7)

13. What are the qualities of wholesome thoughts? (4:8)

14. What were the Philippians to put into practice? (4:9)

15. How can believers enjoy the presence of the God of peace? (4:9)

Get It Questions

16. How have disagreements between people affected your church?

17. When have you been involved in helping Christians resolve differences?

18. How can you have a peaceful spirit?

19. If you were more thankful, joyful, and gentle, how might your family and friends be affected?

20. What does it take for you to think worthy thoughts?

21. What does it mean to live a righteous life-style?

22. In what areas of your life do you need to follow Paul's example?

Apply It Questions

23. What can you do today to reduce your level of anxiety?

24. How can you be an effective peacemaker this week?

Adult Questions for LESSONMaker.

New Hope Missionary
Baptist Church
Southfield, Michigan

38th Church Anniversary

Theme: After this...through our faith
there will be praise, glory, and honor
(1 Peter 1:5-7)

BIBLE STUDY

Philippians 4:1-9
“EXHORTATIONS”

Facilitators

Brother Jonathan and Sister Ruthie Clark





Philippians 4:1-9

“Exhortations”

TOPICS

Philippians 4:1-9

“Exhortations”

TOPICS

- Believers
- Example
- Gentleness
- God
- Jesus Christ
- Joy
- Partnerships
- Peace
- Prayer
- Thankfulness
- Thinking
- Value



Philippians 4:1-9

“Exhortations”

OPEN IT QUESTIONS



Philippians 4:1-9

“Exhortations”

OPEN IT QUESTIONS

- A. How do you tend to respond when things do not go your way?



Philippians 4:1-9

“Exhortations”

OPEN IT QUESTIONS

B. What does it take to live at peace with difficult family members or colleagues?



Philippians 4:1-9

“Exhortations”

INTRODUCTION



Philippians 4:1-9

“Exhortations”

INTRODUCTION

In Philippians 4:1, Paul had urged the Philippian believers to “stay true to the Lord.” In order to stay true against false teaching, divisiveness, and persecution, the believers needed to develop certain attitudes in their lives.



Philippians 4:1-9

“Exhortations”

SCRIPTURE

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“Exhortations”

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Philippians 4:1-9

“Exhortations”


SCRIPTURE

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

⁹ Whatever you have learned or received or heard from me or seen in me—put it into practice. And the God of peace will be with you. **(4:2-9 NIV)**

A square logo with a dark background and a light-colored, glowing, curved path that recedes into the distance. The text "38th Church Anniversary" is written in white in the upper left corner.

38th Church
Anniversary

Philippians 4:1-9

“Exhortations”

**EXPLORE IT QUESTIONS
AND DISCUSSION**



Philippians 4:1-9

“Exhortations”

1. How did Paul feel toward the Philippian congregation? (4:1)

¹Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!



Philippians 4:1-9

“Exhortations”

2. **What did Paul exhort [encourage] the Philippian believers to do? ([4:1](#))**

¹Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!



Philippians 4:1-9

“Exhortations”

3. Why did Paul plead with Euodia and Syntyche? ([4:2](#))

² I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord.



Philippians 4:1-9

“Exhortations”

4. How had Euodia and Syntyche helped Paul in the past? ([4:3](#))

³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.



Philippians 4:1-9

“Exhortations”

5. What was Paul’s relationship with Clement? ([4:3](#))

³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.



Philippians 4:1-9

“Exhortations”

6. **How could Paul count on his "loyal yokefellow [companion (NIV/NLT) or partner (AMP)]"? (4:3)**

³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.



Philippians 4:1-9

“Exhortations”

7. What did Paul encourage his readers to do?
([4:4](#))

*⁴ Rejoice in the Lord always. I will say it again:
Rejoice!*



Philippians 4:1-9

“Exhortations”

8. How did Paul tell the Philippian Christians to treat others? ([4:5](#))

⁵ Let your gentleness be evident to all. The Lord is near.

Philippians 4:1-9

“Exhortations”

9. How should an awareness of Christ’s imminent return affect a person’s attitude? ([4:5-7](#))

⁵ Let your gentleness be evident to all. The Lord is near.

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



Philippians 4:1-9

“Exhortations”

10. What did Paul say about anxiety? ([4:6-7](#))

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



Philippians 4:1-9

“Exhortations”

11. What were the Philippians to do instead of worrying? ([4:6-7](#))

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



Philippians 4:1-9

“Exhortations”

12. How can a believer enjoy the peace of God? ([4:6-7](#))

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

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Philippians 4:1-9

“Exhortations”

13. What are the qualities of wholesome thoughts?
([4:8](#))

⁸ Finally, brothers and sisters, whatever is true, whatever is noble [honorable], whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.



Philippians 4:1-9

“Exhortations”

14. What were the Philippians to put into practice?
([4:9](#))

⁹ Whatever you have learned or received or heard from me or seen in me—put it into practice. And the God of peace will be with you.



Philippians 4:1-9

“Exhortations”

15. How can believers enjoy the presence of the God of peace? ([4:9](#))

⁹ Whatever you have learned or received or heard from me or seen in me—put [it] into practice. And the God of peace will be with you.



Philippians 4:1-9

“Exhortations”

GET IT QUESTIONS
#16 through #22
(See Participant Handout)



Philippians 4:1-9

“Exhortations”

APPLY IT QUESTIONS
#23 through #24



Philippians 4:1-9

“Exhortations”

**APPLY IT
QUESTIONS**

23. What can you do today to reduce your level of anxiety?



Philippians 4:1-9

“Exhortations”

**APPLY IT
QUESTIONS**

24. How can you be an effective peacemaker this week?