

**Freedom From Human Regulations Through Life With Christ -
Colossians 2:6-23**

Topics:

Angels, Authority, Body, Church, Death, Doctrine, Faith, Freedom,
God, Jesus Christ, Judging Others, Legalism, Rules, Worship

Open It Questions

1. What good advice have you never forgotten?

2. In what ways would you characterize yourself as permissive, and
in what ways would you characterize yourself as strict?

Explore It Questions

3. How did Paul tell the Colossians to continue in Christ? (2:6-7)

4. What false teaching was Paul concerned about? (2:8)

5. What did Paul affirm about Christ? How? (2:9-10)

6. What did God give the Colossian believers? (2:10)

7. Why do Gentile Christians have no need to conform to Jewish rules and regulations? (2:11-12)

8. How did the Cross cancel the written code? (2:13-14)

9. From what did Christ deliver us? How? (2:15-17)

10. How did Paul encourage the Colossians to practice their freedom in Christ? (2:16)

11. How did Christ fulfill what the Old Testament foreshadowed? (2:17)

12. Whom did Paul accuse of trying to rob believers of their spiritual rewards? (2:18)

13. What were the characteristics of the false teachers? (2:18-19)

14. How did Paul challenge the legalism that had infected the church? (2:20-21)

15. What are the failings of human commands and teachings? (2:20-23)

Get It Questions

16. What "additions" to faith in Christ have you encountered from teachers in your Christian community?

17. How are you affected by popular religious rules floating around today?

18. What does "fullness in Christ" mean to you?

19. Paul's advice kept the Colossians growing in their faith; what Christian leaders have helped you stay on track spiritually?

20. How deep are the roots of your faith?

Apply It Questions

21. This week, how can you best exercise the freedom you have in Christ?

22. How can you help a Christian friend get rid of his or her false ideas about Christ?

Adult Questions for LESSONMaker.

New Hope Missionary
Baptist Church
Southfield, Michigan

**WELCOME TO
BIBLE STUDY!**

Facilitators:

Rev. Rodney Kemp
Rev. Valerie Crump
Rev. Jacqueline Albert
Alicia Martin,
Minister-in-Training
Dean Donna Wilson

*Freedom from Rules
and New Life in Christ*

Colossians 2:6-23

7 All that hate me whisper together against me; against me do they devise my hurt.
 8 An evil disease, say they, cleaveth fast unto him; and now that he lieth he shall rise up no more.
 9 Yea, mine own familiar friend, in whom I trusted, which did eat of my bread, hath lifted up his heel against me.
 10 But thou, O Lord, be merciful unto me, and raise me up, that I may requite them.
 11 By this I know that thou favourst me, because mine enemy doth not triumph over me.
 12 And as for me, thou upholdest me in mine integrity, and settest me in mine face for ever.
 13 Blessed be the Lord God of Israel from everlasting, and to everlasting, Amen, and Amen.

PSALM 42

Maschil, David's Psalm.
 1 As the hart desireth the water brooks, so panteth my soul after thee, O God.
 2 My soul thirsteth for God, for the living God: when shall I come and appear before God?
 3 My tears have been my meat day and night: I continually say unto me, Where is thy God?
 4 When I remember these things, I pour out my soul in me; for I had gone with the multitude, I went with them to the house of God, with the voice of joy and praise, with a multitude that kept in their joy.
 5 Why art thou so desolate, O my soul? and why art thou so quieted in me? hope thou in God: for I shall yet praise him for the help of his countenance.
 6 O my soul, say unto the Lord, within me have I heard thy voice, O God, and of the Her'mon-lites, from the hill Mi'zar.
 7 Deep calleth unto deep at the noise of thy waterspouts: all the

waves and thy billows me.
 8 Yet the Lord will lovingkindness in the night his soul for me, and my prayer shall reach unto thee, O God.
 9 I will say unto the Lord, Why hast thou forgo I mourning because of the oppression of the enemy?
 10 As with a sword mine enemies reproach me, they say daily unto me, Where is thy God?
 11 Why art thou so desolate, O my soul? and why art thou so quieted within me? hope thou in the Lord, for I shall yet praise his health of my God.

PS

JUDGE me, because again I have been unjust man.
 2 For the strength of mine enemies is increased: why hast thou, O Lord, forgotten me?
 3 O send thy truth, let me see thy face, for my heart is vexed.
 4 Therefore have I said, My God, why hast thou forgotten me? why art thou so desolate within me? yet praise thou my God.

thou didst drive out the king with thy hand, and plantedst them out.
 18 Thou didst not the land in possession: their own sword, neither their arm save them: but thy hand, and thine arm, and thy countenance, because thou hast favoured us against a favour unto King. O God: command thou for Jacob.
 19 We will we push down though thy name will under that rise up.
 20 Trust in my bow, and thy sword save me.
 21 Thou hast saved us from our enemies: put them to flight all the day long.
 22 For ever, Se'lah.
 23 Put off, and put us not forth with

18 Our heart is not turned back, neither have our steps declined from thy way.
 19 Though thou hast sore broken us in the place of dragons, and covered us with the shadow of death.
 20 If we have forgotten the name of our God, or stretched out our hands to a strange god:
 21 Shall not God search this out? for he knoweth the secrets of the heart.
 22 Yea, for thy sake are we killed all the day long; we are counted as sheep for the slaughter.
 23 Awake, why sleepest thou, O Lord? arise, cast us not off for ever.
 24 Wherefore hidest thou thy face, and forgettest our affliction and our oppression?
 25 For our soul is bowed down to the dust: our belly cleaveth unto the earth.
 26 Arise for our help, and redeem us for thy mercies' sake.

PSALM 45

To the chief Musician upon Shoshannim, for the sons of Korah, Maschil, A Song of loves

MY heart is inditing a good matter; I speak of the things which I have made touching the king: my tongue is the pen of a ready writer.
 2 Thou art fairer than the children of men: grace is poured into thy lips: therefore God hath blessed thee for ever.
 3 Gird thy sword upon thy thigh, O most mighty, with thy glory and thy majesty.
 4 And in thy majesty ride prosperously because of truth and meekness and righteousness; and thy right hand shall teach thee terrible things.
 5 Thine arrows are sharp in the heart of the king's enemies; whereby the people fall under thee.
 6 Thy throne, O God, is for ever and ever: the sceptre of thy kingdom is a right sceptre.
 7 Thou lovest righteousness, and hatest wickedness: therefore God,

PRAYER

Sick Bereaved



Freedom from Rules and New Life in Christ Colossians 2:6-23

TOPICS

- Angels
- Authority
- Body
- Church
- Death
- Doctrine
- Faith
- Freedom
- God
- Jesus Christ
- Judging Others
- Legalism
- Rules
- Worship



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OPEN IT QUESTIONS



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**OPEN IT
QUESTIONS**

1. What good advice have you never forgotten?



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**OPEN IT
QUESTIONS**

2. In what ways would you characterize yourself as permissive, and in what ways would you characterize yourself as strict?



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**SCRIPTURE
(NLT)**



Freedom from Rules and New Life in Christ Colossians 2:6-23

SCRIPTURE

⁶ And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him.

⁷ Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.

⁸ Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.



Freedom from Rules and New Life in Christ Colossians 2:6-23

SCRIPTURE

⁹ For in Christ lives all the fullness of God in a human body.

¹⁰ So you also are complete through your union with Christ, who is the head over every ruler and authority.

¹¹ When you came to Christ, you were “circumcised,” but not by a physical procedure. Christ performed a spiritual circumcision—the cutting away of your sinful nature.



Freedom from Rules and New Life in Christ Colossians 2:6-23

SCRIPTURE

¹² For you were buried with Christ when you were baptized. And with him you were raised to new life because you trusted the mighty power of God, who raised Christ from the dead.

¹³ You were dead because of your sins and because your sinful nature was not yet cut away. Then God made you alive with Christ, for he forgave all our sins.

¹⁴ He canceled the record of the charges against us and took it away by nailing it to the cross.



Freedom from Rules and New Life in Christ Colossians 2:6-23

SCRIPTURE

¹⁵ In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.

¹⁶ So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths.

¹⁷ For these rules are only shadows of the reality yet to come. And Christ himself is that reality.



Freedom from Rules and New Life in Christ Colossians 2:6-23

SCRIPTURE

¹⁸ Don't let anyone condemn you by insisting on pious self-denial or the worship of angels, saying they have had visions about these things. Their sinful minds have made them proud,

¹⁹ and they are not connected to Christ, the head of the body. For he holds the whole body together with its joints and ligaments, and it grows as God nourishes it.



Freedom from Rules and New Life in Christ Colossians 2:6-23

SCRIPTURE

²⁰ You have died with Christ, and he has set you free from the spiritual powers of this world. So why do you keep on following the rules of the world, such as,

²¹ “Don’t handle! Don’t taste! Don’t touch!”?

²² Such rules are mere human teachings about things that deteriorate as we use them.

²³ These rules may seem wise because they require strong devotion, pious self-denial, and severe bodily discipline. But they provide no help in conquering a person’s evil desires.



Freedom from Rules and New Life in Christ Colossians 2:6-23

INTRODUCTION

Paul rejoiced in the Colossians' unity and steadfast faith because these proved they had not given ground to the heresy. But Paul wanted to ensure that they would not give in and believe the lies of the false teachers. So he launched into a full-scale rebuttal of the false teaching.



*Freedom from Rules and
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Colossians 2:6-23*

EXPLORE IT QUESTIONS



Freedom from Rules and New Life in Christ Colossians 2:6-23

3. How did Paul tell the Colossians to continue in Christ? (2:6-7)

EXPLORE IT QUESTIONS

⁶ And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him.

⁷ Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.



Freedom from Rules and New Life in Christ Colossians 2:6-23

4. What false teaching was Paul concerned about? (2:8)

EXPLORE IT QUESTIONS

⁸ Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.



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Colossians 2:6-23*

5. What did Paul affirm about Christ? How? (2:9-10)

⁹ For in Christ lives all the fullness of God in a human body.

¹⁰ So you also are complete through your union with Christ, who is the head over every ruler and authority.

**EXPLORE IT
QUESTIONS**



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6. **What did God give the Colossian believers? (2:10)**

**EXPLORE IT
QUESTIONS**

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Freedom from Rules and New Life in Christ Colossians 2:6-23

7. Why do Gentile Christians have no need to conform to Jewish rules and regulations? (2:11-12)

EXPLORE IT QUESTIONS

¹¹ When you came to Christ, you were “circumcised,” but not by a physical procedure. Christ performed a spiritual circumcision—the cutting away of your sinful nature.

¹² For you were buried with Christ when you were baptized. And with him you were raised to new life because you trusted the mighty power of God, who raised Christ from the dead.



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8. How did the Cross cancel the written code? (2:13-14)

EXPLORE IT QUESTIONS

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Freedom from Rules and New Life in Christ Colossians 2:6-23

9. From what did Christ deliver us? How? (2:15-17)

EXPLORE IT QUESTIONS

¹⁵ In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.

¹⁶ So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths.

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- 10. How did Paul encourage the Colossians to practice their freedom in Christ? (2:16)**

**EXPLORE IT
QUESTIONS**

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Freedom from Rules and New Life in Christ Colossians 2:6-23

- 11. How did Christ fulfill what the Old Testament foreshadowed?
(2:17)**

**EXPLORE IT
QUESTIONS**

¹⁷ For these rules are only shadows of the reality yet to come. And Christ himself is that reality.



Freedom from Rules and New Life in Christ Colossians 2:6-23

- 12. Whom did Paul accuse of trying to rob believers of their spiritual rewards? (2:18)**

EXPLORE IT QUESTIONS

¹⁸ Don't let anyone condemn you by insisting on pious self-denial or the worship of angels, saying they have had visions about these things. Their sinful minds have made them proud,



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13. What were the characteristics of the false teachers? (2:18-19)

¹⁸ Don't let anyone condemn you by insisting on pious self-denial or the worship of angels, saying they have had visions about these things. Their sinful minds have made them proud,

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**EXPLORE IT
QUESTIONS**



Freedom from Rules and New Life in Christ Colossians 2:6-23

- 14. How did Paul challenge the legalism that had infected the church?
(2:20-21)**

EXPLORE IT QUESTIONS

²⁰ You have died with Christ, and he has set you free from the spiritual powers of this world. So why do you keep on following the rules of the world, such as,

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Freedom from Rules and New Life in Christ Colossians 2:6-23

15. What are the failings of human commands and teachings? (2:20-23)

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**EXPLORE IT
QUESTIONS**



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**GOT IT
QUESTIONS
#16 to #20**



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**APPLY IT
QUESTIONS
#21 to #22**

New Hope Missionary Baptist Church
Southfield, Michigan

*We Wish You
A Merry Christmas
and
A Happy New Year!*



Reminder: No Bible Study

Wed. December **23**, 2020

Wed. December **30**, 2020

Next Lesson

January 6, 2021

Colossians 3:1-17

“Rules for Holy Living”