

## God Disciplines His Sons - Hebrews 12:1-13

### Topics

Barriers, Discipline, Encouragement, Fruit, Holiness, Jesus Christ, Peace, Perseverance, Perspective, Righteousness, Sin, Weaknesses

### Open It Questions

A. What is your favorite sporting event? Why?

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B. How were you disciplined or corrected as a child?

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C. What do you think was good or bad about the way you were disciplined as a child?

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D. When did you endure difficult or arduous circumstances only because you knew you would later be rewarded?

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### Explore It Questions

1. What should motivate followers of Christ to live for Him? (12:1)

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2. What kind of athletic imagery did the writer of Hebrews use in this passage? (12:1)

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3. What warning is given to those who would run the race of the Christian life? (12:1)

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4. What should be the focus of those who would live for Christ? (12:2)

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5. How is Jesus described in this passage? (12:2)

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6. What is the benefit of remembering what Christ has done? (12:3-4)

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7. What measures does the Lord sometimes take toward those who are His "sons"? Why? (12:5-6)

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8. What do we learn about God from the fact that He disciplines us? (12:6-7)

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9. What sobering truth can be inferred by those who never experience the discipline of God? (12:8)

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10. Why does God discipline His children? (12:9-10)

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11. In what sense does discipline have two sides? (12:11)

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12. What does the writer of Hebrews encourage God's disciplined children to do? (12:12-13)

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**Get It Questions**

13. How well are you running the Christian race?

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14. What wrong attitudes or actions tend to stop your spiritual growth?

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15. What do you think it means to "fix our eyes" on Jesus?

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16. What are some specific ways God disciplines us?

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17. How can we tell when God is disciplining us?

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18. What state might your life be in if God neglected to discipline you when you went astray?

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19. How has God's discipline made positive changes in your life?

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20. Why should we not lose heart when the Lord rebukes or corrects us?

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**Apply It Questions**

21. How can you focus your thinking on Christ this week?

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22. How could you call on your Christian friends this week to help you persevere as a Christian?

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23. What do you want to remember the next time God disciplines you?

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24. What step of obedience can you take beginning today to eliminate the need for God to discipline you?

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Adult Questions for LESSONMaker.

# New Hope Missionary Baptist Church Southfield, Michigan

## *Welcome to Bible Study*

### Facilitators

Rev. Valerie Crump

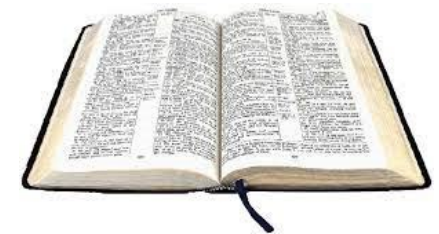
Minister Alicia Martin

Kendall Taylor

Jacqueline Bray

Jonathan Clark

Vineta Mitchell



**Hebrews 12:1-13**  
**“God’s Discipline  
Proves His Love”**

*Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth (2 Timothy 2:15 KJV).*



# PRAYER



- Sick
- Bereaved
- Our Church
- Our Country
- The World



# "God's Discipline Proves His Love"

## **Bible Study Resources**

([www.newhope-  
mbc.org](http://www.newhope-<br/>mbc.org))

- Holy Bible
- Participant Questionnaire





# "God's Discipline Proves His Love"

**TOPICS**



# "God's Discipline Proves His Love"

## TOPICS

- Barriers
- Discipline
- Encouragement
- Fruit
- Holiness
- Jesus Christ
- Peace
- Perseverance
- Perspective
- Righteousness
- Sin
- Weakness



**"God's Discipline Proves His Love"**

**OPEN IT QUESTIONS**



# "God's Discipline Proves His Love"

## OPEN IT QUESTIONS

- A. What is your favorite sporting event? Why?



# "God's Discipline Proves His Love"

## OPEN IT QUESTIONS

B. How were you disciplined or corrected as a child?



# "God's Discipline Proves His Love"

## OPEN IT QUESTIONS

- C. What do you think was good or bad about the way you were disciplined as a child?



# "God's Discipline Proves His Love"

## OPEN IT QUESTIONS

- D. When did you endure difficult or arduous circumstances only because you knew you would later be rewarded?



"God's Discipline Proves His Love"

## INTRODUCTION





# "God's Discipline Proves His Love"

## INTRODUCTION

The book of Hebrews has, up until 10:19, described the superiority of Jesus Christ and of the new covenant. Hebrews 10:19 through 13:20 describes the church's responsibility in light of Christ's superiority. In chapter 11, faithful people from Jewish history are held up as examples of patient perseverance as they awaited the promises of God.



# "God's Discipline Proves His Love"

## INTRODUCTION

Chapter 12 contains clues regarding the situation of the believers to whom this letter was written. They have been encouraged not to drift away (2:1), but in this chapter we perceive a community weary of persecution, struggling to stay strong in an increasingly hostile environment, but weakening perhaps to the point of giving up and turning away from their faith.



# "God's Discipline Proves His Love"

**SCRIPTURE (NLT)**



# "God's Discipline Proves His Love"

SCRIPTURE (NLT)

12:1-4

<sup>1</sup>Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. <sup>2</sup>We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne. <sup>3</sup>Think of all the hostility he endured from sinful people; then you won't become weary and give up. <sup>4</sup>After all, you have not yet given your lives in your struggle against sin.



# "God's Discipline Proves His Love"

SCRIPTURE (NLT)

12:5-7

<sup>5</sup> And have you forgotten the encouraging words God spoke to you as his children? He said, “My child, don’t make light of the LORD’s discipline, and don’t give up when he corrects you. <sup>6</sup> For the LORD disciplines those he loves, and he punishes each one he accepts as his child.” <sup>7</sup> As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father?



# "God's Discipline Proves His Love"

SCRIPTURE (NLT)

12:8-10

<sup>8</sup> If God doesn't discipline you as he does all of his children, it means that you are illegitimate and are not really his children at all. <sup>9</sup> Since we respected our earthly fathers who disciplined us, shouldn't we submit even more to the discipline of the Father of our spirits, and live forever? <sup>10</sup> For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness.



# "God's Discipline Proves His Love"

SCRIPTURE (NLT)

12:11-13

<sup>11</sup> No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way. <sup>12</sup> So take a new grip with your tired hands and strengthen your weak knees. <sup>13</sup> Mark out a straight path for your feet so that those who are weak, and lame will not fall but become strong.



# "God's Discipline Proves His Love"

## LESSON OUTLINE





# "God's Discipline Proves His Love"

## LESSON OUTLINE

- I. The Necessity of Perseverance When Disciplined by God (12:1-4)
- II. The Source of Perseverance When Disciplined by God (12:5-10)
- III. The Outcome of Perseverance When Disciplined by God (12:11-13)



"God's Discipline Proves His Love"

**EXPLORING THE TEXT**



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

### I. The Necessity of Perseverance When Disciplined by God (12:1-4)



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

- 1. What should motivate followers of Christ to live for Him? (12:1)**

*<sup>1</sup>Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

### 2. What kind of athletic imagery did the writer of Hebrews use in this passage? (12:1)

*<sup>1</sup>Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

### 3. What warning is given to those who would run the race of the Christian life? (12:1)

*<sup>1</sup>Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

4. **What should be the focus of those who would live for Christ? (12:2)**

*<sup>2</sup> We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

### 5. How is Jesus described in this passage? (12:2)

*<sup>2</sup> We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.*





# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

6. What is the benefit of remembering what Christ has done? (12:3-4)

*<sup>3</sup> Think of all the hostility he endured from sinful people; then you won't become weary and give up. <sup>4</sup> After all, you have not yet given your lives in your struggle against sin.*



# "God's Discipline Proves His Love"

**EXPLORING THE TEXT**

## II. The Source of Perseverance When Disciplined by God (12:5-10)



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

**7. What measures does the Lord sometimes take toward those who are His "sons"? Why? (12:5-6)**

*<sup>5</sup> And have you forgotten the encouraging words God spoke to you as his children? He said, "My child, don't make light of the LORD's discipline, and don't give up when he corrects you. <sup>6</sup> For the LORD disciplines those he loves, and he punishes each one he accepts as his child."*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

### 8. What do we learn about God from the fact that He disciplines us? (12:6-7)

*<sup>6</sup> For the LORD disciplines those he loves, and he punishes each one he accepts as his child.” <sup>7</sup> As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father?*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

**9. What sobering truth can be inferred by those who never experience the discipline of God? (12:8)**

*<sup>8</sup> If God doesn't discipline you as he does all of his children, it means that you are illegitimate and are not really his children at all.*



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

### 10. Why does God discipline His children? (12:9-10)

*<sup>9</sup> Since we respected our earthly fathers who disciplined us, shouldn't we submit even more to the discipline of the Father of our spirits, and live forever? <sup>10</sup> For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness.*



# "God's Discipline Proves His Love"

**EXPLORING THE TEXT**

**III. The Outcome of Perseverance When Disciplined by God (12:11-13)**



# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

- 11. In what sense does discipline have two sides?  
(12:11)**

*<sup>11</sup> No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.*





# "God's Discipline Proves His Love"

## EXPLORING THE TEXT

- 12. What does the writer of Hebrews encourage God's disciplined children to do? (12:12-13)**

*<sup>12</sup> So take a new grip with your tired hands and strengthen your weak knees. <sup>13</sup> Mark out a straight path for your feet so that those who are weak, and lame will not fall but become strong.*



# "God's Discipline Proves His Love"

**EXPLORING THE TEXT**

**Get It Questions  
#13 to #20  
Apply It Questions  
#21-24  
(See Handout)**



# Church Announcements

## NEW HOPE

MISSIONARY BAPTIST CHURCH OF SOUTHFIELD

23455 WEST NINE MILE ROAD, SOUTHFIELD, MI 48033


TELEPHONE: 248.353.0675

**New Hope Missionary Baptist Church  
Southfield, Michigan**

**In-Person**

**Worship  
Service**

**Sunday,  
4/3/22**



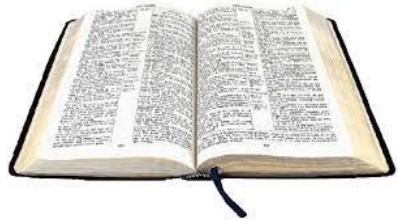
**Hallelujah!  
Praise the  
Lord!**

**In-Person**

**Mid-Day  
Bible Study  
is suspended**

**on  
Wednesday,  
4/6/2022**

**New Hope Missionary Baptist Church  
Southfield, Michigan**



*Wednesday, April 6, 2022 @7:00pm*

*Evening Bible Study*

*Guest Teacher - Pastoral Candidate*

**Virtual – Streaming on Zoom**

**Hebrews 12:14-29**

**“Warning Against Refusing God”**

**See the New Hope MBC Website for the Zoom link**

**– Sign on at 6:45pm**

**New Hope Missionary Baptist Church  
Southfield, Michigan**

*Sunday, April 10, 2022*

*In-Person Sunday School - 9:00am*

*In-Person Worship Service – 11:00am*

*Pastoral Candidate*

*Guest Teacher and Preacher*

# PRAYER

