

Kidney Smart Is the Smart Start



**New Hope Missionary Baptist Church
“Health and Healing Ministry Outreach”**

Rev. Dr. David L. Roberson, Pastor

Rev. Catherine Roberson, First Lady

Presents:



with Sue Leslie, MS, RDN

Saturday, October 21, 2017 from 10:00 AM-12:30 PM
23455 West Nine Mile Road, Southfield MI - Dotson Fellow Hall

Did you know:

- 30 million people or more than 1 in 7 US adults are estimated to have chronic kidney disease (CKD)
- 48% of those with severely reduced kidney function but not on dialysis are not aware of having CKD
- Approximately, 1 in 3 adults with diabetes or 1 in 5 adults with high blood pressure may have CKD

Join us at the Kidney Smart Workshop where you will learn:

- How kidneys function and the causes of chronic kidney disease
- How medications, diet and nutrition work together to keep you healthy
- How to manage other related health conditions including diabetes and hypertension
- What questions to ask your Physician to assure you stay healthy!

"...know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and yet are not your own?"

1 Corinthians 6:19

Please call (248) 353-0675 to register!