



# New Hope Missionary Baptist Church

Rev. Dr. David L. Roberson, Pastor  
23455 W. Nine Mile Rd – Southfield, MI 48034  
Ph:(248) 353-0675 www.newhope-mbc.org

## 2019 Health Expo

### Creating A Smarter Healthier Community For Life

Saturday, September 28<sup>th</sup> 10:00AM– 3:30PM  
New Hope MBC Dotson Fellowship Hall

Scripture: "What ? know ye not that your body is the temple of the Holy Ghost which is in you..." 1 Corinthians 6:19-20 (KJV)


#### KEYNOTE SPEAKER:

**DR. AJAZ BANKA**  
ENDOCRINOLOGIST,  
SPECIALIZES IN DIABETES AND  
GENERAL ENDOCRINE CARE.



#### "Managing Diabetes " – 1:00PM

Affiliated with Beaumont Hospital. Medical Degree University of Sher-I-Kashmir, Assistant Professor of Clinical Medicine at Oakland University William Beaumont School of Medicine, Member of the Endocrine Society and the American Association of Clinical Endocrinologist .

-  **Blood Pressure Screening**
-  **Glucose Screening**
-  **Bench/Chair Massages**
-  **Healty Hustle Sessions (2-3PM)**
-  **Yoga and Mindfulness (10:30-11:30AM)**  
Bring your yoga mat or blanket (not required to attend)



Registration **REQUIRED!!**

#### Featured Presentations

**10:30 - 11:30AM and 2:00 - 2:45PM**

- \*For Men Only - Male Health Topic**
- \*For Women Only - Female Health Topics**
- \*Alzheimer's/Dementia**
- \*Medicare/Social Security 101**

#### Local Business Vendors

(Health Services, and More)

**Free to the Community,** Win free prizes, Visit the vendors booths, enjoy the food concessions and much more!

*Please register in advance by completing a registration form after the 10:15 AM Service*

Sponsored by The Health & Healing Ministry  
Charlene Southern, Director; Rev. Catherine Roberson, Spiritual Advisor

Contacts: Frances Levi 248.910.4555, Joyce Snodgrass 248.467.4845  
Charlene Southern 248.343.9975