

2019 Health Expo

New Hope Missionary Baptist Church

Rev. Dr. David L. Roberson, Pastor

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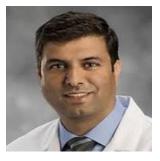
Creating A Smarter Healthier Community For Life

Saturday, September 28th 10:00AM- 3:30PM New Hope MBC Dotson Fellowship Hall

Scripture: "What? know ye not that your body is the temple of the Holy Ghost which is in you..." 1 Corinthians 6:19-20 (KJV)

KEYNOTE SPEAKER:

DR. AJAZ BANKA
ENDOCRINOLOGIST,
SPECIALIZES IN DIABETES AND
GENERAL ENDOCRINE CARE.



"Managing Diabetes " - 1:00PM

Affiliated with Beaumont Hospital. Medical Degree University of Sher-l-Kashmir, Assistant Professor of Clinical Medicine at Oakland University William Beaumont School of Medicine, Member of the Endocrine Society and the American Association of Clinical Endocrinologist.

- Blood Pressure Screening
- Glucose Screening
- Bench/Chair Massages
- Healty Hustle Sessions (2-3PM)
- Yoga and Mindfulness (10:30-11:30AM)

 Bring your yoga mat or blanket (not required to attend)

Featured Presentations

10:30 - 11:30AM and 2:00 - 2:45PM

*For Men Only - Male Health Topic

- *For Women Only Female Health Topics
- *Alzheimer's/Dementia
- *Medicare/Social Security 101

Local Business Vendors

(Health Services, and More)

Free to the Community, Win free prizes, Visit the vendors booths, enjoy the food concessions and much more!

Please register in advance by completing a registration form after the 10:15 AM Service



Sponsored by The Health & Healing Ministry
Charlene Southern, Director; Rev.Catherine Roberson, Spiritual Advisor